



First Presbyterian Church of SANTA BARBARA

Lenten

Newsletter

2020

**Worshipping and Serving in
Santa Barbara Since 1869**

*And during supper Jesus, knowing that the Father had given all things into his hands, and that he had come from God and was going to God, got up from the table, took off his outer robe, and tied a towel around himself. Then he poured water into a basin and began to wash the disciples feet and to wipe them with the towel that was tied around him.
John 13:3-5*

On Ash Wednesday, February 26, we begin the season of Lent. In this time Christian folk reflect upon the sufferings and death of Jesus. We read and pray around those familiar stories of our Lord's final days on earth. One such event was the foot washing of the disciples' feet given to us only by John's gospel. Let me share three thoughts.

First of all, the foot washing story is a dramatic description of Jesus' death. Our Lord knows that the time for his departure has come. He loves his disciples dearly. Jesus is ready to return to the Father. So he takes towel and basin, "took off his robe," "tied a towel around himself," and "put on his robe" again. Is this not like the good shepherd who lays down his life in order to take it up again? What a dramatic picture of the death and resurrection that the disciples themselves would be witnessing in a few short hours.

Next, this story must have been surprisingly clear to those first followers. And that is, if the towel and basin were a picture of our Lord's style of ministry, ought they not be a drama of what Jesus' followers are to be and do? Certainly Jesus gave here "an example" of ministry. What a radical example it is! "The Lord and Teacher," the "One who has come from God and is going to God" preforms the menial chore of washing feet of reluctant disciples. Jesus is creating a new community of equals. There is no pecking order or protected power in Christ's realm. If the Lord of Glory takes on the role of slave, ought not we to be ministers as well? What a freeing pattern. The world values authority, status and power. Christianity cherishes service, humility and giving.

Finally, note that nothing is said about Judas. There is no mention or singling out of the betrayer. Jesus presumably washed Judas' feet. And so we wash the feet and serve both the faithful and the defector. In this Lenten Season, what servant is receiving your love?



Rev. Dr. Charles Svendsen
Interim Pastor

Here at FPC we will hold an Ash Wednesday worship service with hymns, prayers and imposition of ashes in the chapel at 7:00pm. We invite you to begin the 40 day Lenten journey with us that evening and each Soul Food evening.

Blessings, *Charles*

Mission Conference Recap



Our Vision

God calls us

to worship faithfully.

God calls us

to serve lovingly.

God calls us into community:

sharing grace unconditionally,
seeing Christ in all people.

This year's Santa Barbara Mission Conference was outstanding. Measured by attendance it set a record, far surpassing the 2014 conference with Shane Claiborne and Mark Labberton and the 2016 conference with Brenda Salter McNeil and Soong Chan Rah. Allowing people to register for Friday only was also successful. A huge Friday crowd heard Fr. Greg Boyle and worshipped with the UCSB Gospel Choir.

Keynote Kara Powell described what it's like to be a young person today, growing up at a breakneck pace and facing enormous challenges. Speaking to this faith community she gave advice on raising a child in a faith so that the faith will stick. Her Saturday morning speech was followed by a choice of four breakout sessions, each one related to sticky faith. Steve Argue, Matt Elam, and Chris Pritchett, along with Dr. Powell, presented excellent breakout sessions.

Following lunch Fr. Boyle gave his second speech of the conference, showing us how to be radical in our kinship, how to receive love from the unloved, how to cherish the uncherished. His speech was followed by a choice of four breakouts related to "radical kinship." Those sessions were presented by Teresa Goines, Jude Tiersma Watson, Jason Tarman, and by Fr. Boyle with two of his "homies." In the closing gathering the participants prayerfully made their commitments to participate in God's mission in 2020.

Once again the conference included outstanding food hospitality from start to finish, a large exhibit area, excellent worship music, and the skilled weaving together of the parts by the two emcees.

The Mission Conference Council now has the challenge of meeting or surpassing the experience of "Radical Kinship" on January 29-30, 2021, when we meet again. May God bless our efforts.

Chuck Curtis

Director

PATIO NEWS: Editor: Lee Kirkpatrick, pationewsfpcsb@gmail.com. Reproduction: church staff.
MAIL TEAM: Diane Hemmer, Al & Arlene Noreen, Yvonne Rambo, Bruce & Nancy Williams.

Mission Conference Recap



Huge crowds fill the Sanctuary on Friday night to hear Fr. Boyle



Gregory Boyle



Kara Powell

Many, many thanks to all the people of First Presbyterian Church who contributed to last weekend's Santa Barbara Mission Conference. A great many volunteered, and the results were spectacular. The total registered attendance was 449. That number beat the records set in 2014 and 2016 and is twice as high as the prior two years, 2018 and 2019. Thanks be to God for the inspiring presentations of Fr. Greg Boyle, Kara Powell, and the six breakout session leaders.

Chuck Curtis

Director

Soul Food & Lenten Service

Soul Food Dinners begin Wednesday 4 March

And continue each Wednesday during Lent

5:30 in the CFC

\$5 per person or

\$10 per family

Followed by Lenten Worship

7:00 in the Chapel



The human heart is the size of your fist and weighs approximately eleven ounces. The human heart pumps about 100,000 times a day sending over 2,000 gallons of blood throughout 60,000 miles of blood vessels in our vascular system. Pretty amazing when you think about it.

Recently I have been with people who have all been experiencing some type of broken heart. A gentleman married 65 years lost his wife after a long illness. They were the most darling couple and their love for one another was seen whenever they looked at one another. Within two weeks the husband passed away in his sleep. People said he died of a "broken heart" and maybe he did. Today the term "broken heart syndrome" is known as stress cardiomyopathy. This is usually a temporary condition and many people recover as the stress goes away but sometimes there can be symptoms that mimic a typical heart attack such as shortness of breath and chest pain that need emergency 911 care. Heart attacks are caused by blockages but in "broken heart syndrome" the heart can be stunned. Per Dr Wittstein from John Hopkins University states "the extreme stress of an event can trigger the brain to send a signal to the adrenal glands which can cause a surge of hormones to be released that affect the heart." Regardless if you experience shortness of breath or chest pain call 911.

I've been thinking about the "broken hearted" lately. Those with loneliness, those experiencing the loss of a loved one, loss of independence, health loss changesand how the church can come alongside people and support them where they are at. If you are interested in joining a church support group, please contact me. Psalm 147 states "He heals the broken hearted and binds up their wounds." *Blessings, Sharon*

Sharon Head RN

Parish Nurse

Office hours on Tuesdays

Call for appointment

(687-0754x103)

or email strollrn@aol.com



Meal Train

Volunteers at First Presbyterian Church staff this short-term meal program. If you are a caregiver caring for a loved one, new parents with a newborn, or have just returned home from the hospital you may need help with nutritious meals. Please contact Susan Croshaw so she can set up a meal train for you.

Navigating the End Expo

Answering your end of life questions
Free Event

Legal & Financial, Advance Directives, Veteran Issues, Funeral Options and Hospice, Resources...

February 8th 10-4PM

Unitarian Society of Santa Barbara

Cottage Care Now

Connect with a Cottage Health medical provider online via cell, iPad or computer for a fast, online diagnosis of common conditions.

No appointment needed. No waiting room.

Save Time and with Evisits

Online Interview \$29

Video Interview \$39

Visit them at

www.cottagehealth.org/carenow/

Sunday Morning Schedule

Regular Schedule:

8:30

Contemplative Worship with Communion in **Chapel**

9:00

Informal Worship with Praise Band in **Christian Fellowship Center (CFC)** (Children dismissed mid-service for Sunday School)

Adult Education in **Anderson Lounge**

10:30

Traditional Liturgical Worship with Choir in **Sanctuary**; (Children dismissed mid-service for Sunday School)

Jr and Sr High Youth Group in **Youth Lodge**

Nursery Care: 8:45 - 11:45 a.m.

First Sunday of the Month:

9:00

Adult Education in **Anderson Lounge**

10:00

Convergent Worship with Choir and Praise Band in **Sanctuary**; (Children dismissed mid-service for Sunday School)

Nursery Care: 9:45 - 11:15 a.m.

Church Office Hours
Monday - Friday
9:00 a.m. - 4:00 p.m.

Phone 805.687.0754

Website: www.FPCSB.org

Special Van Ministry Opportunity!

Every Sunday, four volunteers and our two vans provide transportation to worship for up to 15 of our church family and visitors. This is a rewarding and much-appreciated ministry. No special license is required for drivers. Sidekicks work with the drivers to help riders with getting on and off the vans. It's easy, and training and insurance are provided.

This service is a real blessing and easy to work into your Sunday routine. We leave church around 8:45-9:00 for pick-ups and are finished by 1:00-1:30. (We attend the 10:30 service.) Helping just once a month is great. It is even possible to either pick-up or drop-off (rather than both), or help just once every two months. We are flexible – and we need more help to continue our service.

Many thanks to our Sunday drivers and sidekicks: Cynthia and Dave Ardell, John Caulfield, Alan deMars (moving!), Diane Hemmer, Marilyn Hill, Judy and Vern Kemp, Cheryl Long, Mary Marsh, Jan O'Connor, Karen Roberts, and Bruce Williams. They will be happy to share their experience.

Can you help keep our vans rolling?

Call Ellen Duke at 805-637-3327 or email her at ebduke@yahoo.com

if you would like to volunteer or "ride-along" to see what we do.

Thank You, and God Bless You!



Want a ride to church on the van?

Call 687-0754, extension 9, and let us know.

We'll call you on Sunday morning and come pick you up!

Children & Youth

The first Sunday of the month, preceeding the combined service at 10, we now have Family Sunday School at 9 am in the Children's Education Center off the lower parking lot. In February Father Boyle and Jonathan came and shared their experiences with families, and answered questions. We had 60 in attendance!

Family Sunday School

First Sunday of the month - a class for the whole family



Sunday, March 1

Sharing Stories that Matter



Children are invited to help lead music at the Convergent service in January with chimes (right) and in February with drums (below)



First Sundays have a New Look



Family Sunday School is open to everyone. We meet in the CEC (lower level, across the playground) at 9 am, first Sunday of the month.

FPC Early Childhood Center
Beth Hassenplug
805.687.6362
bhassenplug@fpcsb.org

Youth Ministries
Amanda Hur
805.805.315.6321
amandahur@gmail.com

Children's Ministries
Susan Croshaw
805.705.3361
croshaw4@gmail.com

Erin Bonski Evans
Minister of Music
805.687.0754 x111
ebonski-evans@fpcsb.org

News & Notes

The Chariot of Friends Luncheon at Maravilla on 15 January



The Friday Senior Group at their Christmas party

Senior Activity Program on Fridays

For Seniors of all ages! The Program meets every Friday from 10 am to 2 pm, starting in the Garden Room. We start with a bit of socializing, then we have presentations on almost any subject – travel, nature, community services, art, cooking, health, sing-alongs, musical performances, movies, history.

Next, we have a gentle, optional exercise session with Nicole. Then we have a delicious lunch and good conversation in the CFC; lunch is creatively prepared and served by our own chef Kay Bowman, just \$7.

After lunch we have games to tease your brain and for laughs and prizes such as Bingo and Mexican Train - an all-time favorite! You can find our calendar each month in the bins on the wall near the fireside lounge. If you need a ride, the Church Van can pick you up and bring you home.

Come and check us out some Friday soon. We'd love to have you join us! E-mail Diane Hemmer at dnhemmer@gmail.com for more information.

The Adventurers

The Adventurers meet every second Wednesday at the church in the Christian Fellowship Center for fellowship, a great lunch prepared by Kay Bowman, and then a program.

11:30 Fellowship

12:00 Lunch by Kay Bowman

1:00 Presentation

Cost just \$10.

Reserve a seat by the Sunday before the second Wednesday

The programs offer a great deal of variety and covers a wide range of topics.



PresbyFolks

PresbyFolks is a social group which welcomes adults of all ages. We attend all kinds of activities including plays, concerts, museums, places of special interest, and events that look interesting.

The event usually includes a meal either before or after the activity. Signups are taken on the Patio on Sunday mornings. Events coming up this spring are:

Feb. 8 Westmont College Women's Basketball @ Noon. Meet at Ardell's at 9:30 am.

Mar. 19 or 20
Dinner at SBCC Dining Room. Watch for details

Apr. 18 Nethercutt Museum (Sylmar) Cars and musical instruments. All day event.

May TBD
Spring Show at San Marcos High School.
Lunch at Cody's and matinee show.

Jun. 28 Solvang Theaterfest. "Sound of Music."
Box supper in park, show at 8 pm. Van transportation.

Jul. TBD
Music Academy of West Community Concert

Chariot of Friends

- September through May -
- The Third Wednesday of the Month -
- Join us for a Fun and Social Luncheon! -

Transportation provided from the church or from your home, or meet us at the restaurant.

Cost is Only \$17.00!

For an Invitation with the Menu Choices,
Contact Diane Hemmer at 805-563-0063 or
dnhemmer@gmail.com

Come join our Friendly Group!

Watch the weekly e-News and the Life of the Church insert in your Worship Folder for details

For questions or further information contact
Diane Hemmer at 563-0063,
or dnhemmer@gmail.com,

News and Notes



Lenore Young's Final Estate Distribution Received

Lenore H. Young passed away on July 26, 2017. Recently, First Presbyterian Church received an additional \$10,228 from her estate, which represents the final distribution. Previously, we received \$354,000 from her estate, according to her trustee and longtime lawyer Stephen Frank, bringing the total gift to \$364,228, a truly remarkable and generous legacy gift.

Lenore provided this bequest as an unrestricted gift. Therefore, in accordance with church policies, this final distribution has been deposited to the 1869 Memorial Fund with 10% going to the Benevolent Tithes Fund to support mission work and 10% going to the Capital Maintenance Fund. Her initial gift also was deposited to the 1869 Memorial Fund, with 10% going to Benevolent Tithes.

Lenore was born in 1924 to German immigrants in Lock Haven, Pennsylvania. She was a registered nurse by education and training. She joined the U.S. Cadet Nurse Corps during World War II. Her cousin remembered that she spent a year in North Carolina, helping during the polio epidemic. She was later employed at Santa Barbara Cottage Hospital. She truly loved to help people in need.

She was a member of First Pres Church of Santa Barbara since 1966—51 years—transferring from Brentwood Presbyterian Church. She was a member of the Marguerite Chapter 78 of the Order of Eastern Star since 1975. She married for the first time in 1995, at the age of 71. Richard H. Young preceded her in death in 2014. A memorial service was held for Lenore in our Chapel of the Good Shepherd.

PLANTS OF THE BIBLE GARDEN

The rosemary and aloe are blooming, the fig, apricot, and pomegranate are budding, the bulbs are sending up green shoots—and the Plants of the Bible Garden committee is about to order a brass plaque to be affixed to a boulder in the garden, honoring those to be honored and thanking all who made the garden possible.



Warming Shelter "Welcomers"

We don't often get the chance to personally serve the urgent needs of people in the way we do at the Warming Shelter. Providing both shelter and food on cold and rainy nights is a special blessing. We are on call for just five weeks from November through March and *we only open for inclement weather*. Here is a way to make a big difference by "just showing up!"

We need "Welcomers" to ride with our experienced drivers in our two vans for our short trips to provide transportation for our guests on the nights we are open. We pick them up downtown (corner of Anapamu and Santa Barbara Streets) between 5:20 and 6:00 in the evening, and then take them back between 5:15 and 6:00 in the morning. The time requirement is minimal - a quick trip before dinner or breakfast. In the evening, an option is to combine it with helping with shelter food preparation and serving. No skills or training is required. (The morning trip is early but it is short and rarely conflicts with any other responsibilities!)

The "Welcomers" just welcome our guests onto and off the vans and help the drivers by keeping track of the number of empty seats, for example. Please call Ellen Duke at 805-637-3327 to learn more or to be called in case you can help when we are activated.

Among others who have helped and can share their experiences are Gordie Hess, Cheryl Long, Erik Wiebe, Mary Marsh, and Stafford Kelly. Thank you!



Come Make Music with Us

Chancel Choir Thurs. 7:00 - 8:30

Chancel Choir is open to all ages and ability levels, so if you can read and generally hold a tune, you are the perfect fit. Reading music is helpful, but not entirely necessary for participation. Contact Erin Bonski-Evans for more information.

Programs Needed for Senior Friday Group

Do you have an interesting program to share with the Senior Friday Group?
Travel, Hobbies, Pets, Business, Fashion, Photography, Sports etc.
Time 10:30-11:15 each Friday

For questions or further information contact Diane Hemmer at 805-563-0063,
or dnhemmer@gmail.com,

First Presbyterian Church

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Santa Barbara, CA 93105

Return Service Requested

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Lenten

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2020

PATIO NEWS: Editor: Lee Kirkpatrick, Reproduction & Mailing: church staff.